

2025 Strategic Refinement Community Brief

Mt. Sinai's Giving Areas



Mt. Sinai gives in four key areas related to the legacy of Mt. Sinai Medical Center. This brief will focus on updates to the Foundation's giving guidelines in the *Equitable Health Outcomes* and *Health Policy* giving areas.

Mt. Sinai's Definition of Health

Within the *Equitable Health Outcomes* and *Health Policy* giving areas, the Foundation has a particular focus on proposals that address **prevention**, **detection**, **and early intervention**, often through **increased access to comprehensive health services**.

Prevention: Actions taken to reduce the likelihood of disease, disability, or premature death

Detection and Early Intervention: Actions taken to identify and stop the progression of health conditions

Increased Access to Comprehensive Health Services: A person or a community's ability to connect to services designed to safeguard and improve health



Mt. Sinai's Definition of Health for Grantmaking

Mt. Sinai developed its focused definition of health through study of a national model for social determinants of health², analysis of state³ and local⁴ health assessments, and internal assessment of the Foundation's most impactful historical giving and goals for the future. The graphic below demonstrates five domains of the social determinants of health. Proposals that align with examples under **the center domain of this graphic** will be the best fit with Mt. Sinai's funding priorities. Projects that fall into other domains have a lower likelihood of success for Mt. Sinai's funding.

Economic Stability

Basic needs,

homelessness, food

pantries, housing,

employment

Education Access and Quality

Literacy, childcare, school readiness

Prevention, detection, and early intervention through increased access to comprehensive health services

For example: Access to care providers, access to insurance coverage, health outcomes research and evaluation, health education and literacy, school-based health

Neighborhood and Built Environment Social and Community Context

Climate change, air quality, community gardens

Youth mentorship, art therapy, social connectedness

Flexibility, Strategy, and Responsiveness

Mt. Sinai remains both a strategic and a responsive grantmaker in the Greater Cleveland community. The Foundation recognizes that community needs will change, and opportunities will arise that may not fit neatly into predetermined definitional boxes. Mt. Sinai will continue to practice flexibility in its grantmaking to ensure we provide the greatest possible impact. Regardless of the nature of a proposed project, Mt. Sinai encourages nonprofits to connect with the Foundation's program officers to determine whether there is an opportunity for partnership.

² Healthy People 2030

³ Ohio 2019 State Health Assessment

⁴ Cuyahoga County 2022 Community Health Assessment