

MT. SINAI WINS 2016 AMERICAN JEWISH COMMITTEE ISAIAH AWARD FOR HUMAN RELATIONS

The Award Recognizes the Efforts of Cleveland's Outstanding Non-Profit Community

The Mt. Sinai Health Care Foundation is the recipient of the 2016 American Jewish Committee (AJC Cleveland) Isaiah Award. The other recipient is Foundation grantee YWCA of Greater Cleveland. The Award was presented on March 30, 2016, at a breakfast event at The City Club.

AJC Cleveland created the Isaiah Award for Human Relations over 50 years ago to recognize the work of local non-profit organizations that showed significant initiative and leadership towards advancing intergroup understanding and respect. According to the Award criteria, *Isaiah serves as a symbol of our desire for peace against seemingly impossible odds, with his fervent vision, "They shall beat their swords into plowshares."*

The Award has served as a way to recognize the efforts of Cleveland's outstanding non-profit community, which, in the spirit of Isaiah and the AJC, continues to build bridges and improve our world. Recipients of the Isaiah Award have demonstrated: Outstanding initiative or leadership in bridge-building, interfaith or intergroup relationships; betterment of the human condition in the Greater Cleveland community; evidence of major effort and/or results on a continuing basis; effectiveness of volunteer and community involvement in achieving goals and objectives.

In his acceptance remarks, Foundation President **Mitchell Balk** commented, "We do not publicize our work on a regular basis, yet it is important for Mt. Sinai, as a community-owned grantmaker, to know that our work is valued and is perceived to be achieving lasting impact. AJC's Isaiah Award has provided us with that feedback."

Thanks to community leaders who wrote nomination letters: Cuyahoga County Invest In Children, Greater Cleveland Congregations, Senior Transportation Connection of Cuyahoga County, and United Way of Greater Cleveland.



**Mt. Sinai Directors Celebrating at the
2016 Isaiah Award Presentation**

(left to right): Beth W. Brandon, Nan Cohen, Dan A. Polster, Board Chair Keith Libman, Donald S. Scherzer, President Mitchell Balk, AJC Isaiah Award Selection Committee Co-Chair David Fleshler, Marcia W. Levine, Julie Adler Raskind, Thomas W. Adler.

MT. SINAI BRINGS NURSE-FAMILY PARTNERSHIP (NFP) TO CLEVELAND FOR THE FIRST TIME

MetroHealth Awarded \$1.2 Million Grant to Implement the Program

The Mt. Sinai Health Care Foundation, with the help of many grantmaking partners, is bringing Nurse-Family Partnership (NFP) to Cleveland for the first time. "Thirty years of research have provided evidence that NFP nurse home visits beginning prenatally reduce infant mortality and have lifelong beneficial effects for both mother and baby," said Foundation President **Mitchell Balk**.

Nurse-Family Partnership is an evidence-based nurse home visitation program to improve pregnancy outcomes, child health and development, and self-sufficiency for eligible, first-time parents. The program pairs mothers with trained nurses who counsel each mother throughout the pregnancy and until her child's second birthday. The nurses visit the mothers frequently in their homes and offer guidance on everything from nutrition during pregnancy to breastfeeding to caring for a newborn and child development. The nurses connect mothers to social supports and community resources and provide mentoring.

In 30 studies over the last 30 years, NFP has been proven to be an effective intervention in reducing infant mortality (by 63% compared with mothers not enrolled in NFP) and in providing lifelong benefits to both mother and child. Children who participate in NFP, for example, are 60% less likely to be involved in the juvenile justice system.

The program is designed to serve young, unmarried, first-time mothers who are from economically-disadvantaged backgrounds or households. Women voluntarily enroll as early in their pregnancy as possible, ideally by the 16th week of pregnancy, but no later than the 28th week, and continue with the program through the first two years of the child's life. NFP focuses on first-time mothers because it is during a first pregnancy that the best chance exists to promote and teach positive health and developmental behaviors between a mother and her baby.

(Continued on Page 2)

(Continued from Page 1) **NURSE-FAMILY PARTNERSHIP (NFP)**

The NFP model combines case management and preventive services, including nursing assessments, screenings, non-medical direct services, and health education and guidance. Early intervention during pregnancy allows for any critical behavioral changes (nutrition, exercise, substance use, mental health, etc.) needed to improve the health and welfare of both mother and child. The NFP nurse develops and implements a care plan that is client-centered and reflects the needs of the client, as well as the client's goals for herself.

During the postpartum period, the nurse assesses the health status of the mother and child, educates the mother on infant/toddler nutrition, health, growth, development and environmental safety; promotes parent/child interactions; promotes appropriate use of well-child care; and tracks the infant's immunization status and growth and developmental milestones. The NFP nurse works to improve the parental life-course by helping parents develop a vision for their future, plan subsequent pregnancies, and continue with their education and/or career goals.

A 2013 report from the Pacific Institute for Research and Evaluation, *Nurse-Family Partnership Home Visitation: Costs, Outcome, and Return on Investment*, found that NFP offers significant benefits to the families it serves and significant cost savings to society and government funders. These findings varied with each state, but all states demonstrated marked benefits.

An initial commitment of \$300,000 over three years has been approved by the **David N. and Inez P. Myers Foundation**, as well as \$100,000 commitments by both the **George Gund Foundation** and **Sisters of Charity Foundation**.

Mt. Sinai is pleased to bring a well-recognized, evidence-based program to Cleveland as a way to address many societal challenges for Cleveland's youngest, most vulnerable families.



www.nursefamilypartnership.org

**NURSE-FAMILY PARTNERSHIP (NFP)
By-The-Numbers**

- NFP cost per family served: \$7,834 (over 2.5 years)
- Savings to state and local government at age 18 of child served: \$7,348
- Savings to federal government at age 18: \$10,594
- Total government savings at age 18: \$15,929 (2.35 times the cost of the program)
- Cumulative savings to Medicaid at age 18: \$11,811
- Total societal savings: \$47,118 (\$6.00 return on investment for every dollar invested in NFP)

In addition to the return on investment that has been demonstrated for the NFP program, the study analysis predicted that the following outcomes could be achieved in Ohio:

- Prenatal: Reduction in smoking during pregnancy, pregnancy-induced hypertension, first preterm births (<37 weeks), infant mortality;
- Post-partum (mother): Reduction in closely-spaced second births, subsequent preterm births;
- Post-partum (child): Reduction in emergency department use related to childhood injuries; child maltreatment; language delay; youth crimes and arrests (ages 11-17); alcohol, tobacco & marijuana use (ages 12-15);
- Other targets:
 - Reduction in TANF payments (through 9 years post-partum)
 - Increase in full immunization status (ages 0-2)
 - Reduction in Food Stamp payments (through 9 years post-partum)
 - Reduction in person/months of Medicaid coverage (through 15 years post-partum)
 - Reduction in costs if on Medicaid through age 18
 - Reduction in subsidized child care caseload

MT. SINAI – ROBERT S. GARSON RESEARCH DAY



**University Hospitals Neurological Institute
Mt. Sinai – Robert S. Garson Research Day
Wednesday, March 30, 2016**

- (left to right): Foundation President Mitchell Balk;
 Henry Kaminski, MD, chairman, Department of Neurology,
 George Washington University
 Mt. Sinai – Robert S. Garson Visiting Lecturer;
 Anthony Furlan, MD, chairman, Department of Neurology,
 University Hospitals Case Medical Center;
 Robert B. Daroff, MD, past chairman, Department of Neurology,
 University Hospitals Case Medical Center,
 interim vice dean for education and academic affairs,
 Case Western Reserve University School of Medicine.

CLEVELAND CLINIC NAMES JEWISH CHAPEL IN FOUNDATION'S HONOR

In recognition of a Mt. Sinai grant to create a Jewish prayer room at Cleveland Clinic's Main Campus, the hospital has named the new facility in the Foundation's honor.

"Just a stone's throw from where we are today sat The Mt. Sinai Medical Center, Cleveland's Jewish hospital. Thankfully, the purpose for which Mt. Sinai and other Jewish hospitals around the country came into being... has largely fallen into history. Yet, there remains an important need to meet the cultural and religious requirements of observant Jews who need medical care, as well as their families. The Cleveland Clinic serves Jews from all over

the world: A man from London waiting for a heart transplant, the family of an Israeli soldier brought here for deep brain stimulation, and Jewish parents from Mexico seeking a miracle for their young child. They come, of course, for the world-renowned Cleveland Clinic, but they are also comforted to know that their religious needs will be met."

— Mt. Sinai Board Chair Keith Libman



Board Chair Keith Libman and Mt. Sinai President Mitchell Balk.

The Mt. Sinai Health Care Foundation Jewish Chapel is located in the H Building near Starbucks.

THREE NEW MT. SINAI SCHOLARS NAMED

The Mt. Sinai Scholars Program in the Basic Sciences is an initiative developed through a collaboration between the Foundation and Case Western Reserve University School of Medicine.

The Scholars Program was created in 1997 with the purpose of expanding the depth and breadth of the talent pool of young scientists at the School of Medicine, thus, strengthening the medical research capacity of Cleveland. This partnership has a proven track record of success in achieving this goal.

Of the 24 scholars recruited between 1997 and 2014, 18 are still at the University as faculty members, conducting leading-edge research. At the end of 2014, the co-investment of this program through a 1:1 match by the Foundation and the School of Medicine had generated almost \$56 million in external research funding.

Based on the history of this initiative, the Foundation awarded a fifth Mt. Sinai Scholars Program grant in March 2015. Three new scholars were named following this announcement, with positions in the Department of Genetics and Genome Sciences: **Drew Adams, PhD**, **Fulai Jin, PhD**, and **Yan Li, PhD**.

Dr. Adams came to Case School of Medicine following his postdoctoral training at the Broad Institute, Boston, MA. Dr. Adams' research uses the newly-founded Small-Molecule Drug Development Core in the School of Medicine to screen large collections of drug-like chemicals to identify the "needle-in-the-haystack" molecules that have a potentially therapeutic impact in cultured cell models of disease. Ultimately, these chemical starting points for drug development are optimized and studied further in animal disease models, particularly in cancer and multiple sclerosis.

Dr. Jin did his postdoctoral work at the Ludwig Institute for Cancer Research, University of California San Diego, CA. His research interests are in understanding the roles of 3D genome architecture in transcription regulation and human diseases, such as breast cancer. He is also developing new experimental

and computational tools for genome-wide mapping of 3D genome architecture in mammalian cells.

Dr. Li also received her postdoctoral training at the Ludwig Institute for Cancer Research, University of California San Diego, CA. She is currently conducting research in the area of non-coding genetic variances associated with diabetes, using integrative genomic analysis and other genetic tools.



With new Mt. Sinai Scholars (left to right): Case Western Reserve University School of Medicine Dean Pamela B. Davis, MD, PhD; Yan Li, PhD; Drew Adams, PhD; Fulai Jin, PhD; Mt. Sinai Health Care Foundation President Mitchell Balk.

RECENT GRANT AWARDS

Grant Awards for December 2015 and March 2016

ACADEMIC MEDICINE & BIOSCIENCE

Baldwin Wallace University
\$1,400 for On-Campus Health Careers Exploration Week
(June 19-24, 2016)

Case Western Reserve University
\$500 for the School of Medicine: Medical Student Doc Opera MMXV,
December 4, 2015

Case Western Reserve University
\$9,745 for the Mt. Sinai Visiting Scholar in Jewish Bioethics,
Paul Wolpe, PhD (February 5-7, 2016)

Case Western Reserve University
\$25,000 for the Dittrick Medical History Center and
Museum Exhibit: How Medicine Became Modern

Central School of Practical Nursing
\$20,000 for ATI Intervention for NCLEX-PN (National Council of State
Board of Nursing Examination-Practical Nursing) Success

Current Concepts Foundation
\$2,250 for the 2016 Rudolph S. Reich, MD, Lectureship and
Barry Friedman, MD, awards in Orthopedics

HEALTH OF THE JEWISH COMMUNITY

Bellefaire JCB
\$1,000,000 over three years to create an acute
pediatric psychiatric hospital

Bikur Cholim of Cleveland
\$1,964 for the Community Cancer Education event,
September 20, 2015 (fiscal agent)

The Cleveland Women's Orchestra
\$1,500 for the Orchestra's musical concert outreach program
to residents of long-term care facilities at Montefiore

Maltz Museum of Jewish Heritage
\$2,500 for the Annual Maltz Heritage Award, May 19, 2016

HEALTH POLICY

The Center for Community Solutions
\$50,000 for the AIDS Funding Collaborative Funding Partner Membership
(fiscal agent)

The City Club of Cleveland
\$350 for the Thomas Farley, MD, MPH, lecture, February 2, 2016

County Action Committee
\$5,000 for the Health and Human Services Levy Campaign

Cuyahoga Health Access Partnership (CHAP)
\$20,000 support for sustainability and governance implementation

Health Policy Institute of Ohio (HPIO)
\$450,000 over three years for improving the health and well-being
of Ohioans through informed policy decisions

LEAP (Linking Employment, Abilities and Potential)
\$49,000 for the public policy initiative to improve
access to and quality of home and community-based services
for people with disabilities in Greater Cleveland

Philanthropy Ohio
\$10,000 for the 2016 Health Initiative

HEALTH OF THE URBAN COMMUNITY

The Center for Community Solutions
\$40,200 for the evaluation of Better Birth Control, formerly NEO LARC
(Northeast Ohio Long Acting Reproductive Contraception)

Cleveland Leadership Center
\$350 for "Accelerate 2016: Citizens Make Change"

Eliza Bryant Village
\$20,000 for the CEO succession plan

Environmental Health Watch (EHW)
\$48,989 for engaging the community in new approaches to healthy housing

Free Medical Clinic of Greater Cleveland
\$100,000 for general support

Greater Cleveland Neighborhood Centers Association (GCNCA)
\$2,546 for the Village in the Heights Initiative: Community survey

HandsOn Northeast Ohio
\$6,000 for 2016 Homeless Stand Down

ideastream®
\$60,000 over two years for
Healthy People, Healthy Place, Healthy Future program

MetroHealth Foundation
Up to \$1,200,000 over three years for Mt. Sinai-initiated
MetroHealth Nurse-Family Partnership (NFP) program

Milestones Autism Resources
\$41,745 for the Coaching Capacity-building Initiative

Neighborhood Family Practice (NFP)
\$500 for NFP's 35th anniversary, August 29, 2015

North Coast Community Homes (NCCH)
\$1,000 for the support of the educational portion
of the NCCH 2015 Annual Meeting

Ohio State University Foundation
Up to \$84,654 for the Cuyahoga County Produce Perks
and Produce Prescription programs

Planned Parenthood of Greater Ohio
\$11,500 for the Security and Patient Safety Initiative

Senior Transportation Connection (STC) of Cuyahoga County
\$6,000 for STC's 10th anniversary, August 15, 2015

Thea Bowman Center
\$28,000 for the Healthy Living Senior Outreach Project

YWCA Greater Cleveland
\$100,000 over two years for the Therapeutic Early Learning Center:
Early childhood education and supportive services for Cuyahoga County's
most vulnerable children and families, Years 2 & 3

OTHER

Grantmakers In Aging
\$2,500 for 2016 annual membership

Health Research Alliance
\$2,500 for 2016 annual membership

Philanthropy Ohio
\$12,500 for 2016 annual membership

COMMEMORATIVE GIFTS & BOARD OF DIRECTORS

The Mt. Sinai Health Care Foundation expresses its sincere appreciation to its friends and supporters for their many generous contributions. In addition to honoring or remembering loved ones, gifts to the various funds help to improve the health status of the Greater Cleveland community through the Foundation's grantmaking program.

Contributions received between October 1, 2015, and April 15, 2016:

SPECIAL GIFTS

Dr. William Herman Pediatric Lectureship Fund

In Memory of *Dr. William Herman*
Marilyn H. and Mitchel S. Ross

Dr. Rudolph S. Reich Lecture Fund

Edward A. Reich

CONTRIBUTIONS

Marjorie & Jerome M. Besuner Cancer Fund

In Honor of *Daniel Mathew Klausner*
In Memory of *Leonor Asilis, Jerome M. Besuner, Kari Gayle Friedman, Elijah Martin, Cynthia B. Roller, John J. "Jack" Schneider*
In Loving Memory of the anniversary of *Marjorie & Jerome M. Besuner*
Marsha Besuner Klausner

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In Memory of *Dr. Sam Kelman*
Dr. Stuart Katz

Roger S. Landers Research Fund

In Memory of *David Skylar*
Ruth Isroff

FOUNDATIONS & TRUSTS

The Mt. Sinai Health Care Foundation is pleased to acknowledge that the following philanthropic distributions were recently received:

David N. and Inez P. Myers Foundation

To Establish the NFP (Nurse-Family Partnership) Program at MetroHealth Medical Center
Lewis Miller Memorial Fund of the Jewish Federation of Cleveland
Dr. Hans J. and Betty Rubin Trust

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* of Blessed Memory

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MT. SINAI
HEALTH CARE FOUNDATION

Legacy

FOUNDATION NEWS

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100 YEARS OF MT. SINAI IN UNIVERSITY CIRCLE

THE MT. SINAI HEALTH CARE FOUNDATION
WESTERN RESERVE HISTORICAL SOCIETY-
CLEVELAND JEWISH ARCHIVES

SAVE
THE
DATE!



Invite you to attend
the 2016 Mt. Sinai Annual Meeting
followed by a White Glove Event

**WESTERN
RESERVE
HISTORICAL
SOCIETY**

A hands-on exhibit of Mt. Sinai's historical artifacts