



MT. SINAI MAKES MAJOR INVESTMENT IN INMOTION FOR THOSE LIVING WITH PARKINSON'S DISEASE

In its March 2015 grant cycle, The Mt. Sinai Health Care Foundation awarded \$500,000 to InMotion (IM), a first-ever, community-based wellness and resource center for people with neurological, involuntary movement disorders, such as Parkinson's disease, and their families. The center will provide a range of services within one location, with no charge for basic services.

Currently, there is no centralized location that provides an array of non-medical services to meet the needs of the estimated 35,000 individuals in Northeast Ohio who are diagnosed with Parkinson's.

The need for an organization such as IM for an individual with Parkinson's will be life-long. Although currently there are some medications to manage symptoms, there is no true remission at this time. The focus of IM programs and services is to integrate the physical, medical, and emotional dimensions of wellness:

- **Education Outreach:** multidisciplinary speaker series (experts within the field), library resource center, physician-presented forums (local and visiting);
- **Physical Wellness Programs:** exercise, dance, sports;
- **Emotional Wellness Programs:** support groups, family and caregiver services, healing arts.

The location for IM, near the junction of Interstate 271 and I-480, was carefully planned to be accessible to all areas of Cleveland and its suburbs, as well as communities beyond Cuyahoga County. IM is located adjacent to ATP Evolution, an existing physical fitness facility, whose owner is a founding member of IM and is certified in Delay-the-Disease, physical training for individuals with movement disorders. This proximity will enhance IM's goal of providing all services under one roof, making care easier for participants.

InMotion will be a resource not only for the individuals diagnosed with these identified movement disorders but also a resource for medical professionals for patient referral. IM presents the potential to provide research opportunities to understand more clearly how the organization's exercise programs and other services have potential for those with neurological movement disorders. The physical activity component of IM services is structured on evidence-based practice, which demonstrates that exercise can help lessen the effects of Parkinson's disease, a major reason for launching such a project for this population.



For more information about this program, please contact:
Lacey Roth, Executive Director at (216) 342-4417 | www.BeInMotion.org

CLEVELAND, MT. SINAI TO HOST JFNA HEALTH AND LONG-TERM CARE SUMMIT

The Jewish Federations of North America (JFNA) has announced it will hold its 2015 Health and Long-term Care Summit in Cleveland on May 20-21 at the Global Center for Health Innovation. The Cleveland meeting represents the first time the Summit is being held outside of Washington, DC. Mt. Sinai, a major investor in the Strategic Health Resource Center at JFNA's Washington office (see related story on page 4), is serving as host of the Summit, along with the Jewish Federation of Cleveland.

University Hospitals Health System Chief Executive Officer Thomas F. Zenty, III, will serve as a keynote speaker on accountable care organizations and vertically integrated care in the community, connecting to the acute and post-acute care setting.

IN MEMORIAM: MARC C. KRANTZ

The Mt. Sinai Health Care Foundation lost one of its most beloved leaders and best strategic thinkers when Marc C. Krantz passed away at the close of 2014. He was 54 years old.



Marc C. Krantz, who served as managing partner at Kohrman Jackson & Krantz, initially joined the Foundation's Grants Committee as a non-trustee member.

He was subsequently appointed to the Board of Directors and served in many leadership roles, including chair of the Investment Committee and Grant Evaluation Committee, prior to being elected an officer and finally Board Chair of the Foundation (2011–2014).

At the time of his death, Krantz served as Life Director and chair of the Leadership Development Committee.

May Marc's memory be a blessing.

“Marc's intellect, compassion and personal integrity made him a great leader and confidant at Mt. Sinai and throughout the community. His wise counsel was beneficial to both sides of our business, the investment side as well as the grantmaking side. He was instrumental in our decision to make a \$10 million 'lead grant' to build a new health education campus for Case Western Reserve University (in partnership with Cleveland Clinic). We have suffered a great loss.”

Foundation President Mitchell Balk

(above) Marc C. Krantz, with Case Western Reserve University President Barbara R. Snyder, at the Foundation's 2011 annual meeting.

FOUNDATION PRESIDENT MEETS WITH UNITED STATES HHS SECRETARY BURWELL



Foundation President Mitchell Balk (standing, center) was part of a small group of Cleveland leaders that met with United States Department of Health and Human Services Secretary Sylvia Burwell during her visit to the city to discuss federal health reform implementation. Mr. Balk was asked to speak on behalf of the group about Medicaid expansion in Ohio, an effort in which Mt. Sinai has figured very prominently. Seated (from left) are Cuyahoga County Executive Armond Budish and HHS Secretary Sylvia Burwell and HHS Region V Director Kathleen Falk.

PROGRAM OFFICER ANN FREIMUTH RETIRES

Program Officer Ann Freimuth retired in February 2015 after nearly 15 years of dedicated service. Foundation President Mitchell Balk recalls that Ann was the Foundation's first hire after the transition from the hospital and that Ann represented a turning point for the Foundation and its growing grantmaking program.

Prior to joining the Foundation, Ann had a distinguished career in Cleveland, having served as director of Community Relations at Premier Industrial Corporation and in leadership positions at the Jewish Family Service Association, the Weatherhead School of Management at Case, and other positions. Immediately prior to joining Mt. Sinai, Ann was chief of staff in the President's Office at Tulane University under then-president and former Clevelander Scott Cowen.

In addition to her grantmaking duties, Ann became the Foundation's ad hoc PR department, envisioning and writing the LEGACY newsletter and positioning the Foundation in the community.

Her early work with Voices for Cleveland's Children, now Voices for Ohio's Children, in no small part, set the groundwork for Mt. Sinai's health policy agenda, as Mt. Sinai formed an early partnership with the Packard Foundation and hosted a Midwest conference on the children's health insurance program (CHIP) and other matters affecting child health and well-being.

Ann did the same for the Foundation's early work in childhood obesity, as she planned the first early childhood obesity prevention summit and later played the lead role in Jump To It, Mt. Sinai's copyrighted, evidence-based, early childhood obesity prevention curriculum, created in partnership with the Cleveland Metropolitan School District, University Hospitals/Rainbow Babies and Children's Hospital, and the Cleveland Children's Museum.

As a responsive grantmaker, Ann often strengthened the vision of agencies that had a germ of an idea but needed more "meat on the bones" before the Foundation would consider funding. Ann added heft, quality, and success measures and, importantly, got the grantseeker to think about sustaining the program after Mt. Sinai funding had concluded.

Ann's intellect, compassion, dedication and social intelligence have impacted and will continue to impact this Foundation and this community for many years to come.

Thank you Ann for a job exceedingly well done!

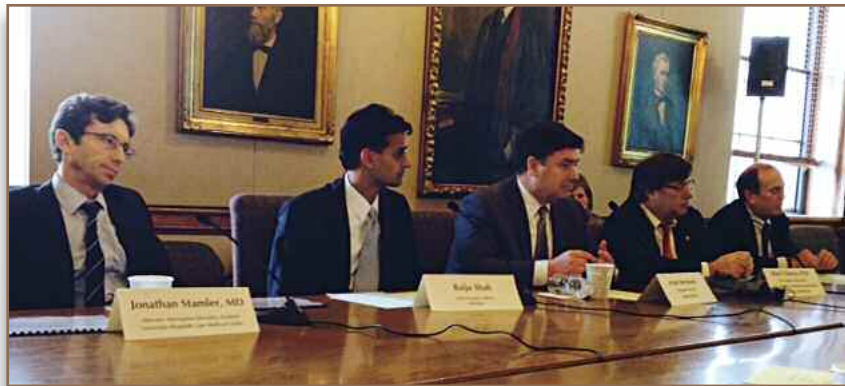


Ann Freimuth and Board Chair Keith Libman at Ann's retirement party.

NEWS IN BRIEF



(left) The Mt. Sinai Health Care Foundation received the 2014 Foundation Leadership Award from the Association of Fundraising Professionals as part of National Philanthropy Day.



(right) The Foundation's Academic Medicine/Bioscience Strategic Grantmaking Committee, chaired by Mt. Sinai Director Dan A. Polster, hosted a forum on translational research that featured presentations from the leaders of BioEnterprise, Cleveland Clinic Innovations, University Hospitals Harrington Discovery Institute, and Case Western Reserve University School of Medicine.

The Foundation's Health of the Urban Community Strategic Grantmaking Committee, chaired by Belleruth Naparstek, hosted a meeting with national representatives of Nurse Family Partnership (NFP), an evidence-based home visiting program for first time moms that improves the lifelong opportunities of vulnerable children and families. The Committee is examining the possibility of establishing an NFP program in Cleveland.

Mitchell and Sheila (of blessed memory) Balk were the honorees at the 2015 Gross Schechter Day School Purim Gala. The event raised more than \$160,000 for the School.

RECENT GRANT AWARDS

Grant Awards for December 2014 and March 2015

ACADEMIC MEDICINE & BIOSCIENCE

Case Western Reserve University
\$2,000,000 over three years for renewal of
The Mt. Sinai Health Care Foundation Scholars Program to recruit
young, highly promising researchers in the basic sciences

Cleveland Clinic Foundation
\$75,000 for the Mathile and Morton J. Stone Chair and Professorship

HEALTH OF THE JEWISH COMMUNITY

Agudath Israel Midwest
\$20,000 for Geshher to support Affordable Care Act
outreach and enrollment efforts

The Friendship Circle
\$15,000 for capacity building

The Jewish Federation of Cleveland
\$20,000 for Wrap-Around Services Initiative of Cleveland Metropolitan
School District supported by United Way Services of Greater Cleveland

Menorah Park Center for Senior Living
\$150,000 over two years to establish the Center 4 Brain Health

HEALTH OF THE URBAN COMMUNITY

Harvard Community Services Center
Up to \$45,000 for Healthy Eating and Active Living
in Cleveland's Ward One

InMotion
\$500,000 over three years for the campaign to launch a wellness and resource
center for people with Parkinson's disease and other movement disorders

LifeAct (formerly Suicide Prevention Education Alliance)
\$40,000 for development and implementation of UROK™,
a middle school suicide prevention education program

Neighborhood Family Practice
\$50,000 to support the Patient Centered Medical Home
(PCMH) - Patient Engagement Initiative

Providence House, Inc.
\$15,591 to support the CARF accreditation process

University Settlement
\$20,000 to support an Adult Wellness Satellite Program
at Stella Walsh Recreation Center

YWCA Greater Cleveland
\$50,000 to support the YWCA Therapeutic Early Learning Center:
Early childhood education and supportive services for Cuyahoga
County's most vulnerable children and families

HEALTH POLICY

Advocates for Ohio's Future
\$20,000 for OhioSPEAKS to support a strategic communications initiative
for Affordable Care Act outreach and enrollment efforts

The Center for Community Solutions
\$50,000 for AIDS Funding Collaborative funding partner membership
(fiscal agent: Center for Community Solutions)

Cuyahoga Health Access Partnership (CHAP)
\$20,000 to support management of the Northeast Ohio
Outreach & Enrollment Council

Enroll America
\$20,000 to support Affordable Care Act outreach and enrollment efforts

Health Policy Institute of Ohio
\$15,000 for "A Closer Look at 2014 Medicaid Enrollment
Trends and Impact" study

PolicyBridge, Inc.
\$16,500 for capacity building and coordination: Health Improvement
Plan-Cuyahoga (HIP-C) and the Healthy Cleveland Initiative

UHCAN Ohio (Universal Health Care Access Network)
\$20,000 to support Ohio Enrolls: Affordable Care Act
outreach and enrollment efforts

MT. SINAI CHALLENGE GRANT MET-JFNA CREATES STRATEGIC HEALTH RESOURCE CENTER



As part of its June 2014 grant cycle, the Foundation awarded a \$200,000 challenge grant to the **Jewish Federations of North America (JFNA)** Washington, DC, office to establish the **JFNA Strategic Health Resource Center**. Working alongside government, the Center seeks strategic solutions to long-term care financing and other pressing needs of American society. Both Jewish-sponsored institutions and individual members of the Jewish community are dependent upon entitlement programs such as Medicare, as well as safety-net programs for the poor, such as Medicaid.

The two-year Mt. Sinai grant was matched by organizations in Baltimore, Chicago, Miami, and Pittsburgh, in addition to JFNA itself. JFNA Health Policy Director **Jonathan Westin** addressed the Foundation's Board regarding his plans for the Center at Mt. Sinai's March 2015 Board Meeting.

Jewish Federations of North America (JFNA) Health Policy Director **Jonathan Westin**

CONTRIBUTIONS & BOARD OF DIRECTORS

Contributions Received between October 1, 2014, and March 31, 2015.

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*of Blessed Memory

The Mt. Sinai Health Care Foundation expresses its sincere appreciation to its friends and supporters for their many generous contributions. In addition to honoring or remembering loved ones, gifts to the various funds help to improve the health status of the Greater Cleveland community through the Foundation's grantmaking program.

SPECIAL GIFTS

The Mt. Sinai Health Care Foundation General Fund

In Honor of *Ann Freimuth*

Leslie Klein Rosen

Mindi and Stuart Steiger

In Memory of *Marc C. Krantz*

Linda and Sheldon L. Green

Dr. Rudolph S. Reich Lecture Fund

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In Memory of *Lois Wendy Abrahams*

Mr. and Mrs. Bernard Abrahams

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In Honor of *Drs. Sosamma and Nathan Berger*

Robert S. and Sylvia K. Reitman Family Philanthropic Fund
of the Jewish Federation of Cleveland

Edgar & Roslyn Freedman Medical Teaching Fund

In Memory of *Mrs. Theodore (Dorothy) Bronk and Nicholas Nardi*

Barbara and Edgar W. Freedman



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Lewis Miller Memorial Fund of the Jewish Federation of Cleveland

For further information, contact the Foundation office at 216-421-5500 or visit the Foundation's website at www.MtSinaiFoundation.org.

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MT. SINAI
HEALTH CARE FOUNDATION

Legacy

FOUNDATION NEWS

SPRING 2015

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FOUNDATION NEWS

FOUNDATION TO CELEBRATE 18 YEARS OF
GRANTMAKING AT ANNUAL MEETING

SAVE
THE
DATE!

2015 ANNUAL MEETING • THURSDAY, JUNE 18 • 5:15 PM
SEVERANCE HALL • REINBERGER CHAMBER HALL

- Election of Officers and Directors • Presentation of the 2015 Maurice Saltzman Award
- Election of Elaine Rocker as Director Emeritus

The number 18 has special significance in Jewish Life, as the letters of the Hebrew word “chai” (life) total 18 in Gematria, the Jewish tradition of assigning a numerical value to each letter of a word.



At its annual meeting on Thursday, June 18, 2015, Mt. Sinai will celebrate 18 years of “chai-impact” grantmaking. Presentation of the Maurice Saltzman Award for outstanding achievement in health and medicine will be part of the evening’s program, and Elaine Rocker will be elected Director Emeritus in recognition of her many leadership roles at the Foundation.

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Watch for the invitation to the annual meeting to be mailed in May.